



STEM CELL CLINIC **RED FLAG** CHECKLIST

Use this during calls or e-mails. Tick off any red flags you spot.

RED FLAGS (Walk Away if 2+ Apply):

- ☐ **1. Claims to cure 20+ diseases with one injection (e.g., Alzheimer's + knee pain)**
No magic bullet exists. Good clinics specialize.
- ☐ **2. Guarantees "100% results" or a full cure in writing**
Ethical docs share realistic stats, not promises.
- ☐ **3. Says "FDA approved" for live stem cell injections (U.S. clinics)**
Most aren't—it's investigational. Ask about real approvals.
- ☐ **4. Hides cell source, type, or dose (no lab report)**
Transparency proves safety. Demand a Certificate of Analysis.
- ☐ **5. Pushes "Book now—spots limited!" or price hikes**
Pressure = sales tactic. Take time to research.
- ☐ **6. No real doctors/scientists - just salespeople**
Needs MD/PhD oversight. Check bios & publications.
- ☐ **7. Won't share patient referrals or outcome data**
Hiding poor results. Good ones connect you to real patients.
- ☐ **8. \$50K+ treatment in a hotel/strip mall (no clean lab)**
Requires GMP lab. Verify facility photos.
- ☐ **9. Shelf-bought "exosomes" or "activators" (not fresh)**
Many are unproven. Insist on viable, tested cells.
- ☐ **10. Website: Stock photos + celeb testimonials (no proof)**
Marketing fluff. Look for real staff/stories.



Questions to Ask Every Clinic:

1. Cell type/source? Viable count?

2. Approved or experimental?

3. Your outcomes data?

4. Past patient referrals?

GREEN FLAGS (Signs of a Legit Clinic):

- ☐ Published outcomes/registry data
 - ☐ MD with peer-reviewed stem cell papers
 - ☐ Transparent pricing/protocol docs
 - ☐ University/trial partnerships
 - ☐ Sends lab reports pre-booking
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